

# Platinum Gymnastics celebrates their first year anniversary

## Gymnasts place at several competitions

Platinum Gymnastics Academy celebrated its one-year Anniversary at 1410 Royston Lane in Pflugerville, Texas on Aug. 25.

PGA celebratory events took place during the week. Their special PGA extravaganza of events for all 200 PGA students, family, and friends was a wonderful success, officials said.

PGA staff would like to thank everyone in the Pflugerville area for their support.

The 2008 Beijing Olympics brought wonderful success to USA Gymnastics Team while also giving the PGA gymnastics program a wonderful boost! Pflugerville area gymnastics athletes are competing for the gymnastics program at PGA.

These athletes have placed PGA's competitive team on the map around the country. PGA has received 1st Place Team Level 8 Metroplex Dallas, 2nd Place Team Level 8 Chicago Style,

Chicago, 3rd Place Team Level 8 (Kurt Thomas) Frisco, 1st Place All-Around Champion National Judges Cup Level 7 and 2008-2009 National TOP's qualifier (Katy Eliassen), Level 7, 8, and Level 9 State and Regional qualifiers. Who received high honors for individual awards for state and regional competitions PGA 1st Level 9 Junior Olympic Western National qualifier 2008 (Taylor Ross).

PGA would like the residents of Pflugerville to stop by and watch these athletes training during their evening training session. PGA's Compulsory Team for 2008 - 2009 has started off the season with bang! The first meet out the gate was Allen Classic in Dallas. Compulsory Team brought home the 3rd place team trophy.

PGA Level 4's Macy Cowan won 1st place Vault and Beam and 3rd place All-Around. Mia Townes won 2nd place Vault; Ashlyn Woodward, 2nd place, Vault

and 2nd place Uneven Bars; Sarah Kilmovitz, 3rd place Vault; Cameron LeCates, 2nd place Floor Exercise; and Christina Hogenson, 3rd place Vault.

PGA Level 5's and 6's — Larissa Martin, 2nd place Floor Exercise; Ashley Strohmeier, 1st place Floor Exercise; and Jordyn Johnson, 3rd place Balance Beam.

Coaches Chris Conner and Monica Subieta would like to say thank you for a wonderful competition performance August 2007 - 2008.

Officials hope they will once again place us on the map for competition season September 2008 - July 2009 season.

If you would like to know more about Platinum Gymnastics Academy check out our website at [www.go2platinum.org](http://www.go2platinum.org) or call at 512-251-2776. We will be more than happy to give you information at our program which gives passion + Grace = Achievement.



Platinum Gymnastics coaches Chris Conner (left) and Monica Subieta (right) stand next to award winning gymnasts at Platinum Gymnastics. The gym recently celebrated its first year anniversary.



More star gymnasts from Platinum Gymnastics pose for the camera. PGA will have a meet Friday-Saturday in San Antonio Oct. 4. Call 251-2776 for more information.

# Religion: all relationships have good and bad days

By Lorraine W. Murray  
Special To The Pflag

Some Sundays it's tough to muster up enthusiasm for church. There are a hundred other things I'd rather do, with sleeping high on the list.

These dry spells plague most believers at one point or other, and pastors and rabbis might be tempted to try PowerPoint presentations and videos to get the spirit moving again. Big mistake, though, because technology can't solve spiritual problems.

The truth is that our relationship with God will have good and bad days, and some that get stuck in neu-

tral. Just like a marriage.

There are times in every marriage when spouses consider calling it quits, because they feel they're not getting what they signed up for. Perhaps you started out gazing starry-eyed at your beloved, who was dashing, debonair and determined to succeed. As the years pass, waistlines expand, jowls descend and dreams dwindle.

Maybe he landed a plum job with a corner office, but he's hardly home any more. Or maybe he missed that promotion, and you're still clipping coupons to make ends meet.

Trying to navigate a marriage entirely by the heart

can lead to trouble on the days when you simply cannot conjure up that wild, fluttering feeling. In truth, the thrill of infatuation doesn't last forever with our mates — and not even with God himself.

When I came back to Christianity, God showered me with insights that drew me closer to him, like a lover's roses strewn on the path of everyday life.

After the honeymoon came what I call the gray years. Some days, God seemed far away, if not entirely absent. The first rush of love was giving way to a big yawn.

Still, I have seen life from both sides, through the

eyes of atheism and the lens of faith. And I can attest that even the slimmest sliver of faith beats having none.

After all, even the most perfunctory prayer links you with someone more powerful than yourself. A being who planted that longing to speak with him in your heart.

Perhaps we should take vows promising God that we will stick by him for better or worse, in sickness and in health, and through riches and recession. Marriage vows remind us that we are embarking on a lifelong journey, which is bound to have detours and breakdowns. And we can't rely on warm, fuzzy feelings to keep our relationships alive,

because emotions are notoriously unreliable.

They rise and fall like the tides. And when faith reaches a low point, it helps to realize that God endowed us with something far more reliable than feelings. It is called willpower.

Willpower means standing by your spouse, even though she is no longer svelte. It means spooning out the thousandth bowl of oatmeal for your toddler, washing the millionth dish and reading the zillionth bedtime story, even though you are bored to tears. Willpower means going to church, even when your heart feels empty. Praying, even when the words seem

mechanical.

Unfortunately, movies spin out temptations that are supposed to cure boredom. Experiencing a ho-hum stretch in your marriage? Have a fling. Pastor getting on your nerves? Stay home.

Lifetime commitment seems quaint in a society where shattered vows, aching hearts and broken homes are commonplace.

Still, in a world that is always changing, God remains our rock. "His love endures forever," the Psalmist assures us.

And here's the really awe-inspiring part. Even if God seems silent at times, if we keep our promises to him, he will never desert us.

# CHURCH DIRECTORY

**First United Methodist Church**  
 Sunday Worship 8:15 & 10:45  
 Creekside Gathering 11:00  
 Sunday School 9:30



500 E. Pecan St in Pflugerville  
 Phone: (512) 251-2575  
 Web Site: [www.pflame.org](http://www.pflame.org)

**UNITY CENTER**  
*A Church Where Love Comes Alive!*

9603 Dessau Rd (Between 183 & Braker)  
 (512) 836-6372  
[UnityCenterAustin.org](http://UnityCenterAustin.org)  
 Rev. Aliza Bloom, Minister


10:30 am Sunday Service & Youth Education

**TREE OF LIFE Church**  
[www.treeoflifeaustin.org](http://www.treeoflifeaustin.org)



Service Times: Sunday 10 am • Wednesday 7 pm  
 FM 1825 & Yellow Sage • Pflugerville • 990-3444  
 Spirit-filled Services for the Whole Family  
 Pastors Mike & Cheryl Johnson

*Share the love of your church.*




Open your doors to Pflugerville! Let them know when & how to find your church family!

**To advertise call us at 251-2220**

**Immanuel Lutheran Church**  
 500 Immanuel Road  
 Pflugerville - 251-4494  
 Keith Born and Tom Kesselring - Pastors

Sunday Traditional Worship	7:45 am
Contemporary Worship	8:45 am
Sunday School All Ages	9:45 am
Traditional/Blended Worship	11:00 am
Wednesday Nite Lite	7:00 pm Chapel



**FIRST BAPTIST church**  
 pflugerville  
 loving God loving you  
[www.fbcprville.org](http://www.fbcprville.org)

**1st Sunday School Schedule:**  
 \* Sunday School ..... 9:00 a.m.  
 \* Worship Service ..... 10:30 a.m.

**2nd Sunday School Schedule:**  
 Worship Service ..... 9:00 a.m.  
 Sunday School ..... 10:30 a.m.

\* **Sunday Evening Worship** ..... 6:15 p.m.  
 \* **Wednesday Evening Bible Study** ..... 6:15 p.m.  
 \*Sign Language Interpretation Provided  
 (512) 251-3052 - FM 1825 & 10th Street

**BIBLE BAPTIST**  
 YOUR NEIGHBORHOOD CHURCH



Bible Baptist Church  
 14400 Immanuel Road  
 Pflugerville, TX 78660  
 (512) 670-2556  
[www.bbcpflugerville.com](http://www.bbcpflugerville.com)

**Weekly Service Times:**  
 Sunday School 10:00 am  
 Morning Worship 11:00 am  
 Children's Church 11:00 am  
 Evening Worship 6:00 pm

Wednesday  
 Adult Bible Study 7:00 pm  
 Youth Group 7:00 pm  
 Kid's Bible Club 7:00 pm  
 Childcare is provided for all services